

30 Day Spring Cleaning Plan

A Life of
Balance

DAY	AREA	TASK
1	WHOLE HOUSE	First things first, it's time to DECLUTTER. Out with the unnecessary, extra and overgrown.
2	WHOLE HOUSE	Clean ceiling fans, light fixtures & air vents. Replace bulbs & air filters
3	WHOLE HOUSE	Dust frames, wall décor & shelves & wipe surfaces
4	WHOLE HOUSE	Clean upholstery & condition leather. Vacuum under couch cushions & other furniture.
5	KITCHEN	Clean out refrigerator & freezer
6	KITCHEN	Clean out & organize pantry
7	KITCHEN	Clean cupboards & drawers
8	KITCHEN	Clean large appliances (oven, stove, dishwasher, etc.).
9	KITCHEN	Scrub surfaces, sink, and clean under sink.
10	KITCHEN	Disinfect small appliances (coffee maker, toaster oven, microwave, etc.).
11		Catch-up day.
12	WHOLE HOUSE	Wipe down everything inside (doors, walls, door frames, handles & baseboards).
13	LAUNDRY	Clean washer & dryer. Use a washer cleaning pod and be sure to clean out the washer filter.
14	LAUNDRY	Wash all blankets & linens. Vacuum and flip mattresses while the linens are off.
15	WHOLE HOUSE	Clean windows inside & out.
16	OUTSIDE	Clean front & back porch. Don't forget the patio furniture & décor. Power wash deck or patio if you have one.
17	WHOLE HOUSE	Clean blinds & window treatments.
18	WHOLE HOUSE	Touch up paint chips on doors & walls.
19	BATHROOM	Scrub toilets, tubs, and showers.
20	BATHROOM	Clean out linen closet.
21	BATHROOM	Clean cabinets & drawers.
22		Catch-up day.
23	ENTRYWAY	Clean & organize entryways/mudroom.
24	ENTRYWAY	Clean & organize entry closets (wash winter wear).
25	OFFICE	Re-organize files & papers. Catch up on filing.
26	OFFICE	Disinfect all the technology (computer, remotes, etc.) Bonus for the desk!
27	OUTSIDE	Pressure wash concrete, outside of house, & driveway.
28	WHOLE HOUSE	Freshen up plants in pots. Re-pot as necessary.
29	WHOLE HOUSE	Wash vases in the dishwasher.
30		Celebrate! Now that your home is clean, make it comfortable. Place your favorite candle by the bathtub. Update pictures in frames.

